

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

2023

Comprehensive Community Plan

County: Carroll

LCC Name: Partnership for a Drug Free Carroll County

LCC Contact: Michelle Zaremba

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City: Delphi

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County Commissioners: Bill Brown, Loren Hylton, Steve Pearson

Address: 101 West Main Street

City: Delphi

Zip Code: 46923

Vision Statement

What is your Local Coordinating Council's vision statement?

To utilize community collaboration in order to incorporate a comprehensive approach to reduce substance abuse and to increase available opportunities for prevention and treatment options in Carroll County.

Mission Statement

What is your Local Coordinating Council's mission statement?

To reduce the abuse of alcohol and other controlled substances in Carroll County and to reduce the associated negative effects on individuals and the community through the coordination, support and promotion of county wide education, prevention, intervention, treatment and criminal justice efforts.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Jill Hammond	Camden Marshall	W	F	Criminal Justice
2	Steve Mullin	Prosecutor Inv.	W	M	Criminal Justice
3	Joe O'Donnell	Freedom Mission	W	M	Treat/Intervention
4	Dr. Deep Battu	Valley Oaks	A	F	Treat/Intervention
5	Callie Schimmel	Community Corrections	W	F	Criminal Justice
6	Lindsey Mickler	YWCA	W	F	Treat/Intervention
7	Jessica Skinner	Carroll School	W	F	Prevention/Education
8	Brandi Christiansen	Mental Health America	W	F	Treat/Intervention
9	Michael Turner	Phoenix Recovery Solutions	W	M	Treat/Intervention
10	Dian Davis	CC Lifeline	W	F	Treat/Intervention
11	Jennifer Johnson	Carroll County DCS	W	F	Treat/Intervention
12	Barb Hickner	Family Health Clinic	W	F	Prevention/Education
13	Tim Kendal	ISP	W	M	Criminal Justice
14	Dan Dulin	IDNR	W	M	Criminal Justice
15	Michelle Zaremba	Mental Health America	W	F	Treat/Intervention
16	Jade Humphrey	Carroll County DCS	W	F	Treat/Intervention
17	Cassidy McCall	CC Lifeline	W	F	Treat/Intervention
18	Sally Landrum	Community Corrections	W	F	Criminal Justice
19	Nohemi Lugo	YWCA		F	Treat/Intervention
20	Angela Bieghler	Delphi School	W	F	Prevention/Education

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:



II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name: Carroll County
County Population: 20,444 estimates as of July 2021
Schools in the community: Delphi Community School Corporation (K-12), Carroll School Corporation (K-12)
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.): Purdue Family Health Clinic (Locations in Delphi, Burlington and Flora), Family Physicians, Camden Health Clinic, Indiana Packers Employee Health Clinic
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.): Valley Oaks Health Delphi, Family Health Clinic (Locations in Delphi, Burlington and Flora)
Service agencies/organizations: Carroll County Sheriff's Office, Camden Police Department, Delphi Police Department, Flora Police Department, Indiana State Police, Department of Natural Resources, Carroll County Community Corrections, Carroll County Probation, Area IV Agency, Department of Child Services, Family and Social Services Administration, Freedom Mission, Carroll County Lifeline Connection, Mental Health America – Wabash Valley Region, Valley Oaks Health, YWCA, Phoenix Recovery Solutions.
Local media outlets that reach the community: Newspaper: Carroll County Comet TV: WRTV 6, WLFI 18, WTHR 13, WPBI Fox 16, NBC 16, WPBY ABC Radio: Shine 99.7, K-Love 90.9, B-102.9, WKOA 105.3, WKHY 93.5, WAZY 96.5, WYCM 95.7, WASK 1450, WASK 98.7, WLQQ 106.7, WBPE 95.3, WWCCP 97.3
What are the substances that are most problematic in your community? Alcohol, cannabis, hallucinogens, stimulants (codeine, methamphetamine, amphetamine, synthetic stimulants), opioids, sedatives, hypnotics or anxiolytics, prescription medication
List all substance use/misuse services/activities/programs presently taking place in the community: Freedom Mission, Carroll County Lifeline Connection, Family Health Clinic Behavioral Health Services, Valley Oaks Health, every 15 Minute Program, Mental Health America "Let's Talk" Peer Recovery program, Family Health Clinic Teen Cafes, Red Ribbon program, Too Good for Drugs program

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Limited prevention and recovery resources.	<ol style="list-style-type: none"> 1. Faith-based Services 2. Outpatient Services 3. Peer Services 4. Navigator Services 	<ol style="list-style-type: none"> 1. Limited funding & personnel 2. Limited available services & personnel 3. Lack of insurance coverage 4. Lack of transportation options
2. Availability of drugs	<ol style="list-style-type: none"> 1. Crime statistics 2. Internet 3. Government agencies 4. Youth prevention programs 	<ol style="list-style-type: none"> 1. Lack of communication 2. Limited prevention options for adults 3. Profitability of drug trade 4. Stigma surrounding prevention, harm reduction & increase of service options
3. Peer substance use	<ol style="list-style-type: none"> 1. Faith-based services 2. Peer Recovery Specialists 3. Youth prevention programs 	<ol style="list-style-type: none"> 1. Interconnection of peers 2. Not all peers recognize a problem 3. Lack of education and recovery support locally

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Protective Factors	Resources/Assets	Limitations/Gaps
1. Meaningful youth engagement	1. Mental Health America 2. Upper Room after school program 3. Child Protective Services 4. Family Health Clinic Teen Café program	1. Funding limits 2. Training & maintaining staff and peers 3. Lack of participation by school-aged youth 4. Over-extension of in-school service providers
2. Restrict access to alcohol & other drugs	1. Law & regulations 2. Alternative youth opportunities (Upper Room, Teen Café) 3. Various engaged social services agencies and organizations	1. Restrictions on law enforcement 2. Funding limits 3. Complicit retailers 4. Lack of education and prevention options
3. Access to mental health care	1. Carroll County Lifeline 2. Valley Oaks Health 3. Mental Health America 4. School Counselors	1. Stigma of mental illness 2. Lack of accessible providers 4. Lack of continuum of care locally

III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Limited prevention & recovery resources	<ol style="list-style-type: none">1. Those affected by substance abuse have difficulty affording treatment either due to lack of insurance or high out-of-pocket requirements.2. There are virtually no ongoing prevention & education programs locally.3. Lack of transportation options limits ability of those in need to access services in neighboring counties.4. Lack of education lends to extreme stigma county-wide, which hinders prevention, harm reduction and recovery service efforts.
2. Availability of alcohol and other drugs.	<ol style="list-style-type: none">1. Substance use among youth and adults in Carroll County continues to be a concern.2. Criminal activity continues to be associated with alcohol and another drug use.3. Crimes related to substance use continue to tax the criminal justice system.
3. Peer substance use	<ol style="list-style-type: none">1. Peers have significant influence on both youth & adults alike.

	<p>2. Substance use by peers makes it unlikely for some individuals to resist use & therefore they must avoid their substance using peers.</p> <p>3. There is a lack of positive peer connections in the county.</p>
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Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Those affected by substance abuse have difficulty affording treatment either due to lack of insurance or high out-of-pocket requirements.	Treatment costs can range from \$2,000 to \$25,000. This does not include cost of travel/transportation due to there being no local options for continued treatment & support.	Drugrehab.com Valley Oaks Health – Carroll County
2. Substance use among youth and adults in Carroll County continues to be a concern.	Behavioral Health Barometer, 2015	Samhsa.gov Valley Oaks Health – Carroll County
3. Peers have significant influence on both youth & adults alike.	Ramirez, R., et al (2012). Peer Influences on Adolescent Alcohol and Other Drug Use Outcomes	ncbi.nlm.nih.gov

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Those affected by substance abuse have difficulty affording treatment either due to lack of insurance or high out-of-pocket requirements.	<p>1. Continue funding local treatment & prevention programs.</p> <p>2. Assist law enforcement by funding programs & projects to reduce drug use county-wide.</p> <p>3. Work to assist in funding & creation of mobile response teams.</p>
2. Substance use among youth and adults in Carroll County continues to be a concern.	1. Seek out & continue to fund prevention programs for both youth & adults.

	<p>2. Provide public education & prevention programming.</p> <p>3. Increase prevention efforts & options for continuum of care.</p>
<p>3. Peers have significant influence on both youth & adults alike.</p>	<p>1. Increase availability of Peer Recovery Specialists accessible within the county.</p> <p>2. Continue to fund & seek out new options for engagement programs that support positive peer connections for both adults & youth.</p> <p>3. Promote Partnership for a Drug Free Carroll County at community events to invite additional members for input, ideas and support of our mission.</p>

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1: Those affected by substance abuse have difficulty affording treatment either due to lack of insurance or high out-of-pocket requirements.	
Goal 1	Seek and fund programming to provide opportunities for obtaining insurance and provide grants to assist with out-of-pocket costs.
Goal 2	Create a recovery community within Carroll County by funding/adding additional supports such as Peer Recovery Specialists, Recovery Cafés, and other positive peer recovery connections.
Problem Statement #2: Substance use among youth and adults in Carroll County continues to be a concern.	
Goal 1	Identify and fund additional prevention, education and awareness programs, for all ages, to reduce substance use county wide.
Goal 2	Identify, support and fund programs that work to connect those struggling to appropriate services and treatment.

Problem Statement #3: Peers have significant influence on both youth & adults alike.
<p>Goal 1 Increase availability of positive peer connections through Peer Recovery Specialist programs and outreach.</p>
<p>Goal 2 Support and fund school efforts to instill positive peer connections within schools and the community.</p>

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
<p>Goal 1 Seek and fund programming to provide opportunities for obtaining insurance and provide grants to assist with out-of-pocket costs.</p>	<ol style="list-style-type: none"> 1. Establish guidelines for mini-grants. 2. Promote availability of mini-grants to service organizations who can utilize funds to subsidize treatment. 3. Award grants that assist in meeting this goal.
<p>Goal 2 Create a recovery community within Carroll County by funding/adding additional supports such as Peer Recovery Specialists, Recovery Cafés, and other positive peer recovery connections.</p>	<ol style="list-style-type: none"> 1. Encourage local social service agencies to establish recovery options. 2. Provide funding/assistance in establishing and promoting a recovery community. 3. Establish and fund educational programs to increase awareness and promote a recovery community.
Problem Statement #2	Steps
<p>Goal 1 Identify and fund additional prevention, education and awareness programs, for all ages, to reduce substance use county wide.</p>	<ol style="list-style-type: none"> 1. Inventory existing programs and evaluate their effectiveness. 2. Research and consider additional programs in all areas. 3. Promote all programming and activities through social media and other outlets.

	<p>4. Support and sponsor at least 3 educational outreach events during the year.</p>
<p>Goal 2 Identify, support and fund programs that work to connect those struggling to appropriate services and treatment.</p>	<p>1. Contact providers of such services and ascertain ways that we can support and increase those utilizing their services.</p> <p>2. Ensure such organizations are aware of available grants to assist in providing services.</p> <p>3. Assist in dissemination of the availability of these services.</p>
Problem Statement #3	Steps
<p>Goal 1 Increase availability of positive peer connections through Peer Recovery Specialist programs and outreach.</p>	<p>1. Support and provide funding for current peer programs to expand.</p> <p>2. Support and fund current youth connection programs to increase positive peer connections.</p> <p>3. Identify community partners to assist in finding locations county wide where such programs can be implemented.</p>
<p>Goal 2 Support and fund school efforts to instill positive peer connections within schools and the community.</p>	<p>1. Meet with schools to determine current prevention efforts.</p> <p>2. Support current efforts and the school's work towards finding new programming.</p> <p>3. Provide funding and assistance for continued programming.</p>



IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile		
1	Amount deposited into the County DFC Fund from fees collected last year:	\$27,561.69
2	Amount of unused funds from last year that will roll over into this year:	\$4,899.63
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$32,461.32
4	Amount of funds granted last year:	\$23,276.05
Additional Funding Sources (if no money is received, please enter \$0.00)		
A	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
B	Centers for Disease Control and Prevention (CDC):	\$0.00
C	Bureau of Justice Administration (BJA):	\$0.00
D	Office of National Drug Control Policy (ONDCP):	\$0.00
E	Indiana State Department of Health (ISDH):	\$0.00
F	Indiana Department of Education (DOE):	\$0.00
G	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
H	Indiana Family and Social Services Administration (FSSA):	\$0.00
I	Local entities:	\$0.00
J	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$8,115.33	Intervention/Treatment: \$8,115.33	Justice Services: \$8,115.33
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$0
Office supplies		\$8,115.33
Funding Allocations by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$4,057.66	Goal 1: \$4,057.66	Goal 1: \$4,057.66
Goal 2: \$4,057.66	Goal 2: \$4,057.66	Goal 2: \$4,057.66